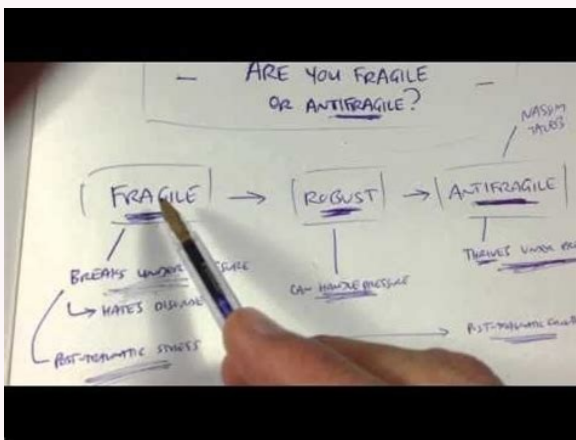
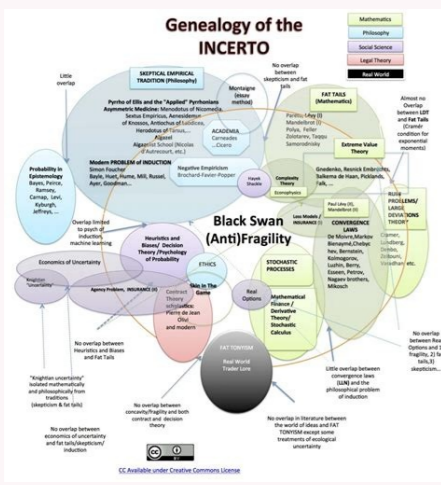
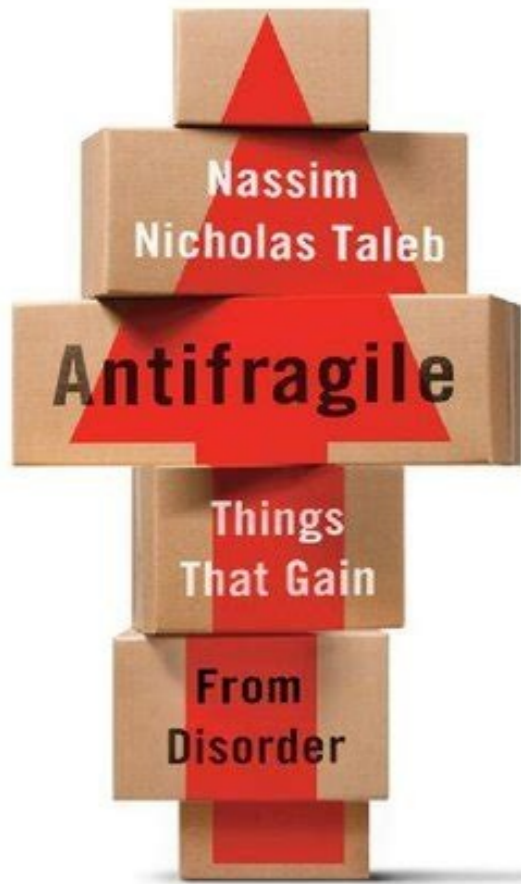


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NEW YORK TIMES BESTSELLING AUTHOR OF  
THE BLACK SWAN



## Antifragile: Things that Gain from Disorder: Book Review by Mwizenge S. Tembo, Ph. D Professor of Sociology

Nassim Nicholas Taleb, *Antifragile: Things that Gain from Disorder*, New York: Random House, 2012, 2014, 519 pp. K182.00 (\$18.00), Paperback.

### Introduction

The popular wide spread belief that is reminiscent of the Western intellectual pursuits, cultural arrogance and hubris has been the typical characterization of the African villager and persona as a noble savage. Much of Western intellectual pursuits since the period of enlightenment in Europe, after the Industrial Revolution, and during European colonization of Zambia and Africa still harbor the idea that there can be no credible intellectual let alone legitimate philosophical world view coming from a primitive African villager's experience. The majority of our Zambian and African intellectuals have unwittingly adopted this ill-informed derogatory perspective. To my utter pure surprise that carried me on the shoulders of relief peppered with elegance, this book helps debunk this myth in my village humble mind. Since the saying that there is safety in numbers and Talib seems to have emboldened me as he has led the way, let me be an unusually more frank, bold and aggressive about what I mean.

### Growing Up

I grew up in the Zambian village in the late 1950s when my life was totally and deeply embedded in the Tumbuka African culture and especially language. Then I went to school and was exposed to the very aggressive Western civilization through Tamanda Upper Primary Boarding School in rural Chipata, Chizongwe Secondary School in the 1960s in Chipata and University of Zambia in the 1970s where I majored in Psychology and Sociology. In the 1980s I attended graduate school in the United States where I obtained my Ph. D. Since my earliest exposure to ideas as a young child in the village, I have always had what I can characterize as a contentious intellectual mind. I would not call it a critical mind which is a preferred somewhat popular academic cliché which implies a certain trained Western inspired formality in my thought process.

Western ideas then and now always internally clashed with what I regard as my equally legitimate indigenous ideas or epistemology from my Zambian or African Tumbuka culture. In my whole life of over six decades, I don't remember both my physical and intellectual world view ever being monolithic. This is one of the many reasons why my Professors or Lecturers as an undergraduate at University of Zambia may have considered some of my performance as never good as each assignment represented an unusual internal, perhaps in the view of the lecturers, the undisciplined battle of intellectual world views of the inferior Zambian traditional culture and the intrinsically superior rational empirically tested Western or Eurocentric epistemology. This may have been also true in graduate school. I did not understand this at the time.

You can imagine my great relief and utter joy when I read this book many decades later in 2017. The numerous ideas in "Antifragile" perfectly suited my intellectual persona and the validation that all those clashing and contentious ideas I have encountered, harbored, and deemed unsuitable for any academic journal were not a misnomer, backward, undisciplined or primitive. In fact I was

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They were fighting for a seat in Valhalla. Vikings warriors improved from disorder. So much that they have left a legacy for being the most fierce warriors of history. The worse your probability, more heroic would act. The notion of tea gloriously in battle was made by antifragio. Hugging chance the book is intentionally unstructured. Nassim stumbled through this concept of antipragility so rooted in many assumptions and then tried to dig everywhere that he could. The book, like all works accompanied before in the incerto, is multidisciplinary. á € How much fails, more than learn, more strong will be. Challenge, discomfort and failure are the necessary entry of the disorder to become antifragio. Be careful with people who do not want to expand outside their comfort zone. This hit me strong. You can be robust in the Gold Cárcel, but most are fragile. And unless you are trying your antifragio threshold, any robustness you have goes after a day. So instead of getting caught trying to predict the future. Concentrate on becoming antifragio. Hugs the random that dictates life. The only true way of fighting randomness is becoming antifragio. TALEB TIRADES AGAINST á € "MODERNITYá € ". Modernity has eliminated many natural stressors of our life. He would not have survived fat, laziness and naive in past generations. The vast social security networks and the proliferation of affordable technology have made us very frog. Examples of fragility in modernity in the á € "Modernidadá € ". we are registering a greater number of suicides after year. Antidepressants make you IE IE .dadiligarfitna al a onimac n'Agnin ecerfo on y amelbop us aracsamne oviserpeditna nu ed omusnoc IE of mass mental fragility is a ray cause of so many suicides. Humor changes are a natural part of human condition. If someone is truly suicidal, then sá .antidepressant intervention (disorder threshold) is needed. But for all the other people, who in "modernity" are offered few barriers for continuous consumption, antidepressants do it more than BI and more cold for disorder. That in last instance it is manifested through self -confidence or failure in life. Taleb writes: "The ability to fight with our dark side is part of life and a great inspiration for creation and proper." Learning in nature if you have tried to learn another language before, you will know how many are the most important tariff Schooling cyamic. Learning "in the savage" is considerably effective to accelerate and sharpen the ability to speak. Suffering vergáAenza and critics of the real world teach you how to speak much more than reviewing a textbook and sitting in Grammer's tests. You are stressed and exposed to a random disorder "in the savage" that in the classroom. It never crosses an average of 4 feet deep for the antiphile, the clashes bring benefits as their intensity increases to the threshold point. If the river that is crossing has, on average, 4 feet deep, then it has no way of knowing how much is the most deep depth, or the superficial, shallow, shallow. Small cumulative clashes, 4 feet, are bearable and will build anti -fragility. But a shock that has 10 feet deep will eliminate it. So it never crosses a river that has, on average, 4 feet deep. This is a lesson to apply antipragility to your life. Whether you are trying to improve or evaluate the risk, take into account the benefit of ed ed odeim seneiT .setna euq redrep euq s;Am ohcum seneit aroha .ocir erbmoh omoc .ligjArf etrecah edeup ligjArfitna otix©A le ne esritrevnoC .etnatropmi eplog nu susrev sodalumuca seugoch so±Aeugep .ogeuj le ne leip al ne rasnep a azneimoc missaN aicnedivE aselanosrep sogseir sol ed najopsed es odnauc Asa se on acit©A adiv anu y erbmuditretni nis n'Aiccinoc o .azetsirt nis aArgela nis .ozreufse nis oditnes nis nos sodatluser sol .erbmah rop areuf on is otsug aArDnet on adimoc al euq edreuceR .senoicairav omoc etraborpomoc se oviv s;Atse euq racifrev ed arenam rojem alA ....etnemlanif y asacid'Airap saserpros y senoiuver ed salas nis .odunem a esrAer .acisA' aAgrene .ralucsum azreuf .otitepa neub nu .aidivne ed aicnesua al .aralc aicneicnoc anu .senoicapucoerp ed erbil o±Aeus nu .ocin©Agortai ol ed atser al se aredadrev azeugir aLá .oigarfitna etzaH .ogeuf nu azigrene orep .alev anu agapa otneiv IE .dadeirotaela al ed odatluser le rednetne somedop oN .otnemom reiuglauc ne etrajopsed edeup y .airotaela etnemadamertxe se adiv al .saznanif sal y soicogen sol ed ragul ne .saArerbil sal ed aduyaoitia ed setnatse sol ne adalpa neib ratse aARebed dadiligarfitna .aicnerefnit atse [Araicerepsep belaT missaN omoc otmat Y .adv al arap ocran nu se dadiligarfitna al .aetneicerepsep etnemaredadrev adiv anu a iAricudnoc rojem ol ne etrartecnoc sadeup euq arap saneub sasoc sal ranimile .adiv aneub anu jAranocroprop adueal al y sotib;Ah solam sol omoc saivbo sajatnevsed sal ranimilEá . .sboj evetsS

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